

For immediate release:

TriNorth Capital Inc. Announces Conference Call to Provide Review of Proposals to be Voted Upon at Upcoming Annual and Special Meeting of Shareholders

TORONTO, ONTARIO, May 6, 2009 - TriNorth Capital Inc. ("Trinorth") (TSX: [TRT](#)) will be hosting a conference call for investors on Tuesday, May 26th, 2009 at 11:00 a.m. EST to provide a review of proposals to be voted upon at the upcoming Annual and Special Meeting of Shareholders to be held on June 22nd, 2009. The update will be followed by a Question & Answer session.

Shareholders are invited to dial in as follows:

Dial-In Number: 416.695.7806 OR 1.888.789.9572
Pass Code: 7480747

For shareholders who are unable to join the call, a replay will be available until June 9th, 2009 by dialing:

Dial-In Numbers: 416.695.5800 OR 1.800.408.3053
Pass Code: 5022045

About TriNorth

TriNorth is a Canadian-based investment company that invests in a diversified portfolio of companies to generate long-term capital growth for shareholders. TriNorth takes an active interest in its investee companies from the earliest stages, providing strategic and financial counsel, support and direction to assist in their growth and success. TriNorth's investment strategy includes structuring and initiating deals focused on particular resources, themes or regions as well as launching the development of businesses in select industries by providing assistance with the hiring of management teams, providing seed capital and facilitating IPOs. All investment activities of TriNorth are managed by Lawrence Asset Management Inc, a leading Canadian alternative investment asset manager.

Cautionary Notes

Except for statements of historical fact contained herein, the information in this press release constitutes "forward-looking information" within the meaning of Canadian securities law. Such forward-looking information may be identified by words such as "plans", "proposes", "estimates", "intends", "expects", "believes", "may", "will" and include without limitation, statements regarding the stated use of proceeds; plan of operations and comparative advantages; and benefits of this investment. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from such statements. Factors that could cause actual results to differ materially include, among others, regulatory risks, risks inherent in foreign operations, commodity prices, competition, and investments having no history of operations. Most of these factors are outside the control of the Company. Investors are cautioned not to put undue reliance on forward-looking information. Except as otherwise required by applicable securities

statutes or regulation, the Company expressly disclaims any intent or obligation to update publicly forward-looking information, whether as a result of new information, future events or otherwise.

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