



FOR IMMEDIATE RELEASE

TriNorth's shareholders reminded to vote WHITE or BLUE proxies today

*Deadline fast approaching – Vote to have your voice counted
Shareholders need to exercise their rights and support the superior team*

Toronto, June 16, 2009 – TriNorth Capital Inc. ("TriNorth") (TSX: TRT) today reminded its shareholders to vote their **WHITE** or **BLUE** proxies in support of the superior team.

TriNorth's Chairman John Crow said: "It is critical that shareholders choose the board of directors and management team that is best positioned to maximize shareholder value in their company. The TriNorth team has the plan, resources and capabilities to make it happen."

The inevitable result of the shareholder vote has become clear – the dissidents and their misrepresentations have not convinced shareholders. Management and the board have been overwhelmed by the significant support expressed by a clear majority of shareholders.

Voting is easy. Shareholders can vote by telephone, fax or online. For questions regarding voting your **WHITE** or **BLUE** proxy, please contact Kingsdale Shareholder Services Inc., at 1-800-775-4067 (toll free) or 416-867-2272 (outside of North America).

Time is running out for shareholders to exercise their voting rights. To be valid, **WHITE** or **BLUE** proxies must be deposited with the Corporation's transfer agent, Computershare Trust Company of Canada, 100 University Avenue, Toronto, Ontario, M5J 2Y1 not later than 5:00 p.m. (Toronto time) on Thursday, June 18, 2009. Vote today to ensure that the right team is leading your Company.

Important shareholder voting instructions

The board urges you to carefully read the management information circular and execute **ONLY** the **WHITE** or **BLUE** proxy by voting as recommended by the board of TriNorth.

Voting is a very quick and easy process that empowers you to state your position and protect your investment, but you must act and vote **ONLY** your **WHITE** or **BLUE** proxy to ensure your position is recognized. Please discard any proxy you may have received from the Dissidents and **ONLY** vote the **WHITE** or **BLUE** proxy.

We believe that the depth of experience and strategic vision of the TriNorth nominees are essential to the Company's success and makes us best suited to lead your Company.

If you have any questions regarding voting your **WHITE** or **BLUE** proxy, please contact Kingsdale Shareholder Services Inc., at 1-800-775-4067 (toll free) or 416-867-2272 (outside of North America).

About TriNorth

TriNorth is a Canadian-based investment company that invests in a diversified portfolio of companies to generate long-term capital growth for shareholders. TriNorth takes an active interest in its investee companies from the earliest stages, providing strategic and financial counsel, support and direction to assist in their growth and success. TriNorth's investment strategy includes structuring and initiating deals focused on particular resources, themes or regions as well as launching the development of businesses in select industries by providing assistance with the hiring of management teams, providing seed capital and facilitating IPOs. All investment activities of TriNorth are managed by Lawrence Asset Management Inc, a leading Canadian alternative investment asset manager.

Cautionary Notes

Except for statements of historical fact contained herein, the information in this press release constitutes "forward-looking information" within the meaning of Canadian securities law. Such forward-looking information may be identified by words such as "plans", "proposes", "estimates", "intends", "expects", "believes", "may", "will" and include without limitation, statements regarding the stated use of proceeds; plan of operations and comparative advantages; and benefits of this investment. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from such statements. Factors that could cause actual results to differ materially include, among others, regulatory risks, risks inherent in foreign operations, commodity prices, competition, and investments having no history of operations. Most of these factors are outside the control of the Company. Investors are cautioned not to put undue reliance on forward-looking information. Except as otherwise required by applicable securities statutes or regulation, the Company expressly disclaims any intent or obligation to update publicly forward-looking information, whether as a result of new information, future events or otherwise.

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